



SPORTS ET VACANCES

UNIVERSITY COLLEGE DUBLIN JUNIOR PROGRAMME GUIDE 2025

ANGLAIS intensif + SPORTS et visite de DUBLIN



UNIVERSITY COLLEGE DUBLIN (UCD)

Ensuite residential accommodation

22TH JUNE TO 9TH AUGUST 2025

AGE: 13 - 17 YEARS

SEJOURS 2 OU 3 SEMAINES





UNIVERSITY COLLEGE DUBLIN (UCD)

Experience the best of student life in one of Ireland's largest and most modern campuses. Study English with us in University College Dublin this summer and explore the beauty surrounding south Dublin.

DATES CAMPUS OPERATES:

22th June to 9th August 2025

AGE PROFILE:

Age: 13 - 17 years

MINIMUM COURSE DURATION:

2 weeks

ADDRESS:

UCD Campus Belfield,
Dublin 4,
Ireland.

STANDARD PROGRAMME INCLUDES:

- Full board accommodation
- 15 hours of English language tuition per week
- One 3 hour "World of Work" seminar/ Conversation Club per week
- Alternate weekly morning and afternoon classes
- Interactive and communicative learning materials
- Graded certificate and end of course report
- Comprehensive sports options including Olympic-sized swimming pool
- One half day visit per week including entrance fee using the LEAP card
- One cultural half-day per week exploring Dublin with ATC staff using the LEAP card
- One Full Day excursion by coach per week including entrance fee
- ATC On-Campus Projects
- Evening programme including discos, films, karaoke, Irish night and other activities
- LEAP Card (transport ticket for bus, train and tram)

VENUE

LOCATION:

Belfield is the main campus of University College Dublin and is located on a 132 hectare site only 3kms south of Dublin city centre. The beautifully landscaped gardens and modern architectural buildings are also home to students' residences and a wide range of leisure and sporting facilities.

TRAVEL TIME FROM AIRPORT:

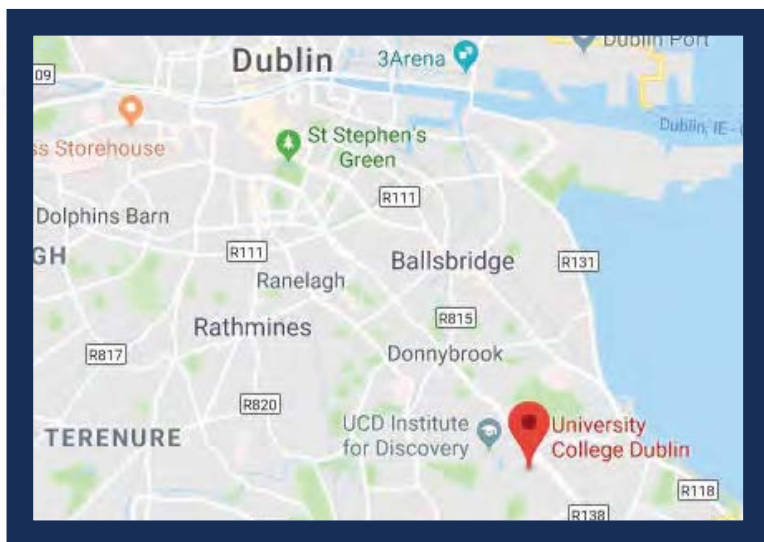
UCD is approximately 20 km from Dublin Airport. Journey time (depending on traffic) is approximately 40 minutes.

AIRPORT TRANSFER:

If you booked an airport transfer, you will see an ATC representative waiting with an ATC Language Schools sign in the Arrivals Hall, where you will see your first and last name or your agency's name. If you are unable to locate an ATC representative or are delayed in the baggage claim, please call +353877604092.

ARRIVAL PROCEDURES FOR STUDENTS:

If you are living on campus, when you arrive at UCD you will be required to check in. An ATC member of staff will welcome you and guide you throughout your stay. You will be required to complete some paperwork and provide the security deposit before you receive your room key.



RESIDENTIAL ACCOMMODATION

BOARD STATUS:

All students accommodation is in Glenomena Village on UCD campus. Students staying in the residence are on a full board basis. From Monday to Friday students will have breakfast, lunch and dinner on campus and on Saturdays and Sundays they will have breakfast and dinner on campus and receive a packed lunch.

TYPE OF ROOM:

Single ensuite rooms in 6 bedded apartments with a shared kitchen and living area.

WHAT TO EXPECT FROM THE ACCOMMODATION:

Glenomena village consists of apartments, each containing six beds. All bedrooms are single, en-suite rooms. Each apartment is tastefully decorated with free Wi-Fi and dedicated study areas with a modern kitchen and living area. The living area has two 2-seater couches, table and satellite TV and the kitchen has a table and four chairs.

ROOMS INCLUDE:

- Single ensuite rooms
- Large Wardrobe
- Study desk and chair
- Bed Linen
- Towels

LINEN & TOWELS:

Bed linen and towels are provided. During your stay, towels will be replaced twice a week and bed linen once a week.

CLEANING:

Bedrooms, kitchen and living areas will be cleaned twice a week. The bathrooms are cleaned every second day. Rooms will be fully serviced between residency.

LAUNDRY:

There is a self-service launderette available for the students to use at UCD. Washes cost €3 per cycle while drying costs are €1.50 per cycle. Washing powder can be purchased on campus.

ACCOMMODATION RULES:

Accommodation reception is located in the Merville accommodation block and is open 24 hours.

- Students must keep their room clean and tidy.
- Students are not allowed to invite guests into the residence.
- Students who are not staying in the accommodation are not allowed to stay in the rooms.
- Girls are not allowed to stay in the boys' rooms and vice versa.
- Students are responsible for any damages/breakages caused to school/ accommodation property.
- Due to the nature of shared accommodation, residents who are in the company of others who behave badly may be seen as partly responsible and disciplined accordingly. Likewise, residents that do not admit to their part in a particular issue may cause their flatmates to receive disciplinary action unfairly.
- Students who have lost/misplaced room keys must be accompanied by a group leader in order to gain access to their rooms. Apartments should be left in the same condition as when students arrive. Any maintenance issues should be reported to the Merville reception.



SECURITY:

There are 24 hour security guards monitoring the campus, dealing with security related matters and responding to fire alarm activations. Students may be asked to identify themselves and respond to directions relating to safety and security.

KEYS :

An electronic key system is in place in Glenomena residence. Each student will be provided with a key that will open their apartment and room only. Lost cards can be replaced by UCD at a cost of approximately €15 per key.

LESSONS

LOCATION:

Lessons will take place on the campus at UCD.

COURSE:

Students' first lesson will take place the day after arrival (unless this is at the weekend or the scheduled day for full day excursions). Lessons will be 3 hours, 20 minutes per day, for a total of 200 minutes. Students will get their full 30 hours of General English over a standard two week programme even in the case of mid-week arrivals. Students will have two lessons per day with two different teachers, giving them the opportunity to experience different teaching techniques and methods during their course.

Mornings: Monday to Friday on an alternate weekly morning from 9.00 to 12.50 (with a 30 minute break).

Afternoons: from 14.00 to 17.50 (with a 30 minute break).

EDUCATION FRAMEWORK:

Lessons are delivered using the communicative approach and provide an interactive and engaging learning experience for all students. Lessons have been developed using the Common European Framework of Reference for Languages, CEFR. Levels from A1 (Elementary) to C1 (Advanced) are offered.

MAXIMUM PER CLASS:

There will be a maximum of 15 students per class, however, usually there are approximately 13 students per class. Classes are held in comfortable, modern and spacious classrooms in the university.

EDUCATIONAL MATERIAL:

An ATC Learning Journal and all learning materials will be made available to students. Students will receive a graded certificate and end of course report on their last day of lessons.

THE WORLD OF WORK SEMINARS/ CONVERSATION CLUB — 3 HOURS PER WEEK:

For this part of the programme the students will be split into two age categories so that they attend age relevant sessions with the hours completed being included on the final certificate.



For those students over 15 they will have career workshops and lectures which will include interview techniques and CV writing, whereas the younger group will have interactive workshops involving short paired activities and making presentations, making it a more entertaining experience.

WHAT TO EXPECT DURING A STANDARD TWO WEEK PROGRAMME:

The course is designed to develop students English language skills by integrating the key areas of reading, writing, speaking and listening. Lessons are designed specifically for different age groups. Teachers will design lessons based on the interests of the students and each lesson will have a particular focus on communication skills. Students take regular tests in order for teachers to monitor progress and ensure students are learning during lessons.

FIRST DAY:

On the first day of classes students will take a placement test, this is designed to establish their level to allow the academic staff to determine the students' abilities and place them in a group of similar language capabilities.

Once the test is completed, students will be provided with their class timetable, activities schedule, and will be given a welcome talk. They will be shown where the ATC Language Schools Centre Manager's office is located and shown how to locate their classrooms.

ATTENDANCE:

Attendance at UCD is compulsory; students are expected to attend all classes unless there is a justified reason for absence. Students must attend all lessons and organised activities in order to be presented with their end of course certificate.

MEALS

MEDICAL



BOARD STATUS:

All students staying in the residence are on full board basis. Students will have breakfast, lunch and dinner Monday to Friday and on Saturdays and Sundays they will have breakfast and dinner on campus and receive a packed lunch.

DIETARY REQUIREMENTS:

If students have specific dietary requirements, ATC Language Schools must be informed at the time of booking in order to cater for these needs.

MEAL TIMES (APPROXIMATELY):

Breakfast: 7:30 to 9:00

Lunch: 12:00 to 14:00

Dinner: 17:00 to 19:00

SAMPLE MENU:

| Breakfast | Lunch | Dinner |
|---|---|--|
| * Selection of cereals | * Choice 1 of 2 main courses from daily lunch selection | * Choice 1 of 2 main courses from daily menu selection |
| * Croissant, OR pain-au-chocolate, OR toast | * Daily hot vegetable & potato or pasta | * Daily hot vegetable & potato or pasta |
| * Butter & fruit preserves | * Side salad (choice of 4 different salads) | * Side salad (choice of 4 different salads) |
| * Piece of fresh fruit | * Bread roll & butter | * Bread roll & butter |
| * Yoghurt | * Yoghurt fruit or a cold dessert | * Fruit and cold dessert |
| * Orange juice or apple juice or bottle still/sparkling Mineral water | * Soft drink bottle still/ sparkling mineral water | * Soft drink bottle still/ sparkling mineral water |
| * Freshly brewed tea or fresh percolated coffee or hot milk | * Freshly brewed tea or fresh percolated coffee | * Freshly brewed tea or fresh percolated coffee |

MEDICAL CONDITIONS:

ATC Language Schools must be advised upon booking of any pre-existing medical conditions, allergies and medications that need to be administered to students.

HEALTH & TRAVEL INSURANCE:

Students must have adequate health and travel insurance in place prior to arrival in Ireland. Any medical expenses incurred while in Ireland will be at the students' expense.

MEDICAL EMERGENCY:

In the case of a medical emergency an ATC Language Schools member of staff will assist in seeking the appropriate treatment. Any visits to the doctor, dentist or hospital will be at the students expense (including transport where necessary). Group Leaders will be required to accompany the student in such circumstances.

LOCAL FACILITIES:

LOCAL DOCTOR:

Slievemore Clinic, Old Dublin Road, Stillorgan, Co.Dublin
Tel: +35312000501

LOCAL DENTIST:

Mr. Clogher, 2 Roebuck Rd, Clonskeagh 14, Dublin
P: 00353 1 269 7498

LOCAL HOSPITAL:

St. Vincents University Hospital, Elm Park, Dublin 4
P: 00353 1 221 4000

STUDENT WELFARE

The welfare of our students is of paramount importance to us and we offer a high standard of care and supervision to all our students. We provide nominated ATC staff members to act as guardians to our individual students that travel without Group Leaders. It is very important for us that our students remain happy and healthy throughout their stay.

Our management team at UCD along with our teachers and activity leaders will ensure that all students receive the best possible care and attention so as to maximise their experience during their study holiday.

POCKET MONEY:

ATC Language Schools do not provide a pocket money service for students, so it is recommended that students arrive with adequate spending money based on the duration of their study holiday. We would recommend €100 as an average budget per week. This can be used in emergencies, for buying souvenirs or for the little extras the students like to do with friends.

CURFEW TIMES:

Evening activities take place on campus between 20:00 and 22:00. Students are expected to be back in their apartments by 22:30. Students found outside after this time will receive disciplinary action.

ACTIVITIES & EXCURSIONS:

The programme incorporates one half day visit per week with entrance fee, one cultural half day per week exploring Dublin with ATC staff using the LEAP card and one full day excursion by coach per week including entrance fees.

The full day excursion is to cities and places of cultural importance around Ireland. The activity programme provides young students with an opportunity to absorb some of Ireland's rich heritage in a fun and relaxed way.

UCD offers a wide range of on-site activities every afternoon and an evening programme seven nights a week.

SPORTS & RECREATION:

UCD offers excellent sports facilities including two indoor sports halls where students can play volleyball, basketball or indoor football. There are also outdoor hockey and astro turf pitches for soccer or rugby as well as a number of tennis courts. In addition there is an Olympic-sized swimming pool (50m) available to our students once a week.

SAFE:

A safe is available for the security of students' belongings at UCD. Students are encouraged to store large sums of money or valuables here. Travel tickets and passports are normally kept in the safe for the duration of the students' stay.

STUDENT IDENTITY CARDS:

In order to cooperate with the security and safety standards at UCD, ATC Language Schools will supply all students with a student identity card. Students must carry their card with them at all times.

DELIVERIES:

Mail and other deliveries for students will be passed on to the centre manager for distribution. Please address items to:

(Students Name)
C/O ATC Language Schools,
UCD,
Belfield,
Dublin 4,
Ireland.



UCD: SAMPLE PROGRAMME

PROGRAMMES INCLUDES:

- 15 hours English language tuition per week
- One 3 hours "World of Work" seminar / conversation per week
- Alternate weekly morning and afternoon classes
- Use of textbooks and other learning materials
- Graded certificate and end of course report
- Comprehensive sports options including Olympic-sized swimming pool
- One half-day cultural visit per week including entrance fee
- One cultural half-day per week exploring Dublin using the Leap Card
- One full-day excursion by coach per week including entrance fee
- ATC On-Campus Projects
- Evening programme including discos, films, karaoke, Irish night and other activities
- LEAP Card (ticket for tram, bus, luas)

NOTES:

- Full day excursions & half day cultural visits will be assigned and confirmed prior to arrival
- Tours can not be changed one approved
- Additional tours can be arranged if requested but only prior to arrival in UCD

| | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | | |
|-----------------|--|--|---|---|---|---|------------------------------------|--------------------------|--|
| Week One | | | | | | | | | |
| MORNING | Arrival: Private transfer from Dublin Airport to campus | Full Day Excursion by private coach with Irish Activity Leader | Lessons 9:00 - 10:40 | Lessons 9:00 - 10:40 | Lessons 9:00 - 10:40 | Lessons 9:00 - 10:40 | Lessons 9:00 - 10:40 | | |
| | | | Break 10:40 - 11:10 | Break 10:40 - 11:10 | Break 10:40 - 11:10 | Break 10:40 - 11:10 | Break 10:40 - 11:10 | Break 10:40 - 11:10 | |
| | | | Lessons 11:10 - 12:50 | Lessons 11:10 - 12:50 | Lessons 11:10 - 12:50 | Lessons 11:10 - 12:50 | Lessons 11:10 - 12:50 | Lessons 11:10 - 12:50 | |
| AFTERNOON | Lunch | | | | | | | | |
| | Half-Day Cultural Visit with Irish leader | World of Work / Conversation Club | Gamezone / Sports / Swimming | ATC On-Campus Projects (Photography Vlogging) | Cultural Half-Day Exploring Dublin | | | | |
| EVENING | | | Karaoke | Irish Night | UCD Cinema | Disco | Egg Drop | | |
| | Saturday | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | | |
| Week Two | | | | | | | | | |
| MORNING | Full Day Excursion by private coach with Irish Activity Leader | Free Day in Dublin City Centre | Cultural Half-Day Exploring Dublin | World of Work / Conversation Club | ATC On-Campus Projects (Photography Vlogging) | Half-Day Cultural Visit with Irish leader | Gamezone / Sports | | |
| | | | Lunch | | | | | | |
| | | | Half-Day Cultural Visit with Irish leader | World of Work / Conversation Club | Gamezone / Sports / Swimming | ATC On-Campus Projects (Photography Vlogging) | Cultural Half-Day Exploring Dublin | | |
| EVENING | | | Selfie Challenge | Lip Sync Battle | Fashion Show | Talent Show | Giant Boardgames | | |



ANGLAIS + TENNIS / HOCKEY + ANGLAIS / MULTISPORTS + ANGLAIS en famille d'accueil ou sur le campus de Kilkenny College
ANGLAIS + SPORTS et VISITE sur le campus de University College Dublin

| | Sports | Brochure générale Page | Âges | Centres | Durée | Dates <i>pour d'autres dates, nous consulter</i> | Prix héb. Collège ou Famille | Voyage et transferts |
|----------------|---|-------------------------|--|------------------------------------|----------------|---|------------------------------|----------------------|
| TENNIS | TENNIS progression + ANGLAIS en campus ou famille d'accueil | 7 | 12-14 / 15-16 | KILKENNY COLLEGE Irlande | 14 j | 29/06 au 12/07 | 1890 € | 380 € |
| | TENNIS compétition avec tournoi + ANGLAIS en campus ou famille d'accueil | 7 | 12-14 / 15-16 | KILKENNY COLLEGE Irlande | 14 j | 29/06 au 12/07 | 1940 € | 380 € |
| | TENNIS compétition en immersion <i>(Irish Tennis Camp du 22/06 au 28/06)</i> et TENNIS compétition avec tournoi + ANGLAIS | 7 | 12-14 / 15-16 | KILKENNY COLLEGE Irlande | 7 j | 22/06 au 28/06 | 1050 € | 380 € |
| | | | | | 14 j | 22/06 au 05/07 | 1930 € | |
| | | | | 21 j | 22/06 au 12/07 | 2760 € | | |
| HOCKEY | HOCKEY + ANGLAIS en campus ou famille d'accueil | 8 | 12-14 / 15-16 | KILKENNY COLLEGE Irlande | 14 j | 29/06 au 12/07 | 1860 € | 380 € |
| MULTISPORT | MULTISPORTS + ANGLAIS en campus ou famille d'accueil | 7 | 12-14 / 15-16 | KILKENNY COLLEGE Irlande | 14 j | 29/06 au 12/07 | 1890 € | 380 € |
| | | 11 | 12-14 / 15-16 | BLACKROCK COLLEGE Dublin | 14 j | 29/06 au 12/07 13/07 au 26/07 | 1980 € | 380 € |
| SPORTS CULTURE | SPORTS-VISITES + ANGLAIS intensif en campus (University College Dublin) | voir doc. Spécifique | 13-14 / 15-17 et jeunes adultes (18-19) | UNIVERSITY COLLEGE DUBLIN (UCD) | 8 j | une semaine entre le 22/06 et le 09/08 (du dimanche au dimanche ou samedi au samedi) | 1390 € | nous consulter |
| | | | | | 14 j | 22/06 au 05/07 28/06 au 12/07 06/07 au 19/07 13/07 au 26/07 20/07 au 02/08 27/07 au 09/08 | 2480 € | nous consulter |

COTISATION INDIVIDUELLE A L'ASSOCIATION : 10 €, OPTION GARANTIE ANNULATION : séjour à l'étranger : 55 €, séjour en France : 30 € (voir page 23 de la brochure générale)

SERVICE ACCUEIL : pour les stagiaires qui souhaitent être accueillis à Paris (Gare ou aéroport) et être transférés au point de rendez-vous du groupe (aéroport Roissy Charles De Gaulle), 45 € par transfert. Pour le transfert retour, nous déposons le stagiaire à la gare ou l'aéroport (pour d'autres prestations, nous contacter).

Attention : Sports et Vacances décline toute responsabilité en cas de retard du train ou de l'avion, au départ ou au retour qui entraînerait l'impossibilité pour votre enfant d'être présent au départ, ou pour prendre sa correspondance au retour; Sports et Vacances ne pourra être tenu responsable des frais supplémentaires qui pourraient en découler..